

Woman with a Heart for Bakersfield

Sheryl Giesbrecht



Dr. Sheryl Giesbrecht has a heart of passion for exchanging hurt for hope. Having endured great challenges and loss, Sheryl now inspires and guides others locally, nationally, and internationally, to find healing from past hurts and grow toward wholeness.

Sheryl is a beloved radio personality, author, and speaker. A pastor's wife for over 28 years, mother of two adult children, cancer survivor, and widow, she is passionate about sharing how God takes the ashes of our losses, bitterness, and mistakes, and turns them into something remarkably beautiful.

Sheryl's encounters with monumental changes and challenges have moved her to a deep faith, trust, and dependence on God. Healed of stage 4 lymphoma, Sheryl knows the heartbreak of disappointment, discouragement and disease. Once a rebellious teenager, alcoholic, and drug addict, Sheryl knows what it is to overcome physical addictions. From the depths of these experiences, she has helped many others to be set free from past hurts and to be healed and become whole emotionally.

Sheryl serves on the board of Kern Leadership Alliance, which engages followers of Jesus to work together for community transformation.

A dynamic teacher, motivating leader, and sought-after speaker, Sheryl frequently leads women's retreats and seminars in Bakersfield and across the country. She has equipped hundreds and facilitated the training of thousands of leaders in the United States, Africa, and the Middle East. Sheryl's life impacts people throughout the world. She is the executive director of International

Christian Ministries (ICM), which trained over 2 million African leaders in 2008.

Sheryl has authored hundreds of inspirational columns, magazine, and devotional articles. Her writings have appeared in *Focus on The Family Magazine*, *Just Between Us*, *Discipleship Journal*, *CCM*, and *Walk Thru the Bible's Indeed* and *Tapestry* publications. Her latest book, *Get Back Up: Trusting God When Life Knocks You Down*, was released in March 2013.

Sheryl is the director of public relations and development for 88.3 Life FM. *Kindred Moments with Sheryl Giesbrecht* can be heard on 88.3 Life FM weekday evenings and Sunday afternoons. Her nationally syndicated radio show, *Turn Up the Music with Sheryl Giesbrecht*, is heard on numerous networks across the United States. Sheryl's messages renew, refresh, and revive those who hear them.

Sheryl is avid about reaching out to the poor and needy, locally through The Mission at Kern County and worldwide through Compassion International.

The joys of Sheryl's life are her two children, Sarah and Ben, their spouses, and memories of her cherished husband. Sheryl holds a bachelor of arts from Biola University, a master's in ministry, and a doctorate of theology.